

Report



Adventure Club May 2012

The Adventure club was a programme in high demand. The waiting list of young people was extremely large and the number of young people had to be limited due to the nature of this club. Each week the minibus seats were full of excited young people, waiting to hear where their next adventure would be. This club encouraged the young people to be adventurous and look beyond their bedrooms and computer games to discover the real woodland and nature trails that feature on their doorstep. As well as this the group objectives focussed on the development of the group as a whole, promoting team working and interpersonal skills along with inclusion, self determination, participation and confidence building.

Over the six week programme the young people were involved in different activities in different locations. As the weeks went by, the young people's enthusiasm did not diminish. Many of the places visited the young people had not been to before or did not know existed. Some of these adventurous locations that were visited were: Law Hill, Templeton Woods and Crombie Country Park. During these adventures, nature trails were followed allowing the young people to explore the wildlife and see some animals and birds at a close distance. The group were really excited to see a deer run by in Templeton Woods and enjoyed the nature trails at many of the parks, especially spying out the hiding huts at Crombie Park.

All young people demonstrated great progress over the weeks with many developing various skills and a few of the older young people demonstrating great leadership qualities that were used when engaging in teambuilding exercises in various locations. It is thought that this club will continue to be a popular course for the young people to sign up to especially due to the great fun the young people have been involved in on this occasion. It has been a great pleasure to be part of this group and many parents have also thanked the staff for the pleasurable experience their children have experienced.

