



## GAMES CLUB JUNE 2014

Games club has been our Wednesday youth club for the past five weeks. As this was right before the summer holidays we aimed for it to be a fun and exciting club.

In week One we had a discussion about all the different types of games you can play, from team sports to video games to little activities such as tig and catch. We also spoke about why you would play games, with suggestions ranging from “to keep fit” to “for fun” to “be part of a team”. We followed this up over the five weeks by trying many different types of games. For example, in week four we took the scooters outside and in pairs raced around a course set out in a closed off part of the car park. The young people had to work together and the winners were the pair who did this the best and recorded the best overall time. I felt this was a good example for the young people as they could see for themselves how important teamwork is. This was also evident during a game of rounders in week three.

During this club we looked to introduce as many new games as possible. Along these lines in week two we put on the Playstation and the Nintendo wii. Many of the young people had never had a chance to play

video games or certainly not on a regular basis, and they had great fun exploring a new type of game together.

The games club was a huge success as many children attended; on the first week we almost reached capacity and had to alter our plans to support all the children that had arrived. For the majority of the club we split the children into two groups which would switch between the use of the video games inside the youth club and a group outside playing basketball, football and more sports. Many of the children benefited from the variety of activities and I believe it helped them grow and learn new things.

Games are certainly something that greatly appeals to young people and I’m pleased to say we were busy every week. I believe that a lot of the kids gained a large amount of confidence over the five weeks. We played such a wide variety of sports that everyone had a chance to excel in something and it was wonderful to see those who do not normally take part in the more physical activities get involved. I look forward to the young people who attended this club returning after the summer holidays.



