



11+ CLUB JUNE 2014

The 11+ Club is our newest club we have running here at The Factory Skatepark.

As with any new club attendances have fluctuated, but over the last few weeks it has settled with a core group of 8.

The club focuses on the Sports Leaders Award which is a nationally recognised qualification that provides young people aged 13 and over with the tools they require to independently run sports groups and sessions.

Each week the club follows a standard format. The first 15 minutes is about theory. This is delivered in a number of ways through group discussions, one-to-one chats, visual aids and practical demonstrations. After this the group take part in a warm up routine to prepare them for the activity they will be taking part in on that day. The rest of the hour long session is for said activity, which could be Dodgeball, football, handball, etc. When this time is over the young people spend an hour on the Skatepark as a group.

It has been encouraging to see the young people come along to this club and engage with the content. Before

it started we didn't have anything running for the 13+ group and I'm glad we can provide something for them. Also, the skills they are learning as a group, such as teamwork, leadership and reliability are transferrable to their everyday lives, both now and in the future.

I have been impressed with the maturity of the young people. During competitive physical activities there are always disagreements but as a group they sort differences out. This shows to me that they are learning how to be grown-up which is an important part of being a sports leader and of being an adult.

This club will return after the summer holidays.

