



FRIDAY FREE SKATE AUTUMN TERM 15

Friday Free Skate is our weekly term time activity on Friday evenings. It sees the youth workers spending time with young people from the local DD4 8 area in the skatepark arena. Anyone between the age of 10 and 16 who lives in the DD4 8 area is able to attend.

The Free Skate operates mainly as a first contact programme. Young people in this age group tend to attend this youth programme first and then move onto the other clubs on offer, such as the Homework Club, Saturday Drop-In, or our Scooter Session. This programme offers two hours free skating time on scooter, skates, skateboard, or bmx.

This is a great opportunity for young people to take part in a healthy, socially valuable activity with their friends and meet new ones.

As this is a club that we run which caters directly to young people from the local DD4 8 area of Dundee this is a vitally important club for working with our target group of young people from the local community. It is doubly important as DD4 8 is an area of multiple deprivation. Therefore young people are at a high risk of suffering from low self-worth and undeveloped social skills. This club helps combat

that in an active and safe environment.

