



SPORTS LEADERS AUTUMN TERM 15

The Sports Leaders award continues to run on a weekly basis during Dundee School term time.

The club works with young people aged 11 and over, the majority of whom volunteer as Stewards here at The Factory Skatepark, to work through and gain the Sports Leaders Award Level 4. This is the first level that young people can achieve and we offer it to them at an earlier opportunity than in the schools.

The award teaches young people about leadership in sport. This is particularly relevant to those who are Stewards as their main responsibility is to coach young people in beginners sessions and in our homework club. The course teaches them in 6 areas. They are:

- Plan, lead, and review a sporting activity.
- Developing leadership skills.
- Lead activities that promote a healthy lifestyle.
- Fair play in sport.
- The role of the official.
- Opportunities in sport and recreation.

Throughout the course the young people work in groups and individually on worksheets, scenario

discussion sessions, and practical activities within the skatepark arena. The course helps them to understand the different roles that people play in sport and the different roles they may find themselves in as a sports leader.

Through completion of this course it is expected that young people will be able to lead sporting sessions both in a skatepark context and in more traditional sporting settings. The accreditation is also useful of course for young people to put on their cv.

There are 6 young people attending the club every week who are on course to gain this award at the end of 2015. We will then be looking to work with these young people on the next level of the course and work with our group of new stewards who have just joined the team to complete this level.

